



<i>Butea monosperma</i>	Palash	Seeds	√			
<i>Calotropis procera</i>	Arka/Aak	Leaves	√			
<i>Calotropis gigantea</i>	Arka/Aak	Leaves	√			
<i>Carthamus tinctorius</i>	Kusum Phol	Floral parts	√			
<i>Cassia angustifolia</i>	Senna	Leaves Pods	√ √		√ √	
<i>Cassia fistula</i>	Amaltas	Fruit		√		
<i>Cedrus deodara</i>	Devdar	Wood		√	√	
<i>Celastrus paniculata</i>	Malkagini	Seed		√		
<i>Centella asiatica</i>	Mandookparni	Leaves			√	
<i>Cichorium intybus</i>	Kashni	Root Seeds	√			√ √
<i>Cinnamomum tamala</i>	Tejpatra	Leaves	√			√
<i>Cinnamomum verum</i>	Dalchini	Bark		√	√	
<i>Cissus quadrangularis</i>	Harhajorh	Stem			√	
<i>Clerodendrum serratum</i>	Bharangi	Bark			√	
<i>Commiphora wightii</i>	Guggulu	Gum-resin				√
<i>Crataeva nurvala</i>	Varun	Bark			√	√
<i>Crocus sativus</i>	Keshar	Stigma				√
<i>Curculigo orchoides</i>	Kali Mushli	Rhizome	√	√		
<i>Cyperus rotundus</i>	Mustaka	Rhizome			√	
<i>Desmodium gangeticum</i>	Shalparni	Aerial parts			√	
<i>Dioscorea bulbifera</i>	Varahikand	Tuber		√		
<i>Eclipta prostrata</i>	Bhringraj	Whole Plant		√		
<i>Embelia ribes</i>	Vidanga	Fruit				√
<i>Ferula asfoetida</i>	Heeng	Gum-resin	√	√		
<i>Ficus benghalensis</i>	Vata/Bargad	Bark			√	√
<i>Ficus carica</i>	Anjeer	Fruit		√		
<i>Ficus racemosa</i>	Udumbar	Bark			√	√
<i>Ficus religiosa</i>	Peepal	Bark			√	√
<i>Gmelina arborea</i>	Gambhar	Bark			√	√
<i>Gymnema sylvestre</i>	Gurmar	Leaves			√	



<i>Hedychium spicatum</i>	Karpookachri	Rhizome	√			
<i>Hemidesmus indicus</i>	Anantmool	Root	√			
<i>Holarrhena antidysenterica</i>	Kutaz	Bark				√
	Indarajava	Seed	√			
<i>Hyoscyamus niger</i>	Khursani Ajwain	Seed		√		
<i>Inula racemosa</i>	Pushkarmool	Root			√	
<i>Ipomoea digitata</i>	Kshir-vidari	Tuber			√	√
<i>Madhuca indica</i>	Mahua	Flowers	√			
<i>Martynia diandra</i>	Kakanasha	Fruits			√	
<i>Mesua ferrea</i>	Nagkeshar	Stamen	√			
<i>Mimosa pudica</i>	Lajwanti	Whole Plant	√			
<i>Mimusops elengi</i>	Vakula	Bark			√	
<i>Moringa oleifera</i>	Sahajana	Fruit	√			
<i>Mucuna pruriens</i>	Kaunch Beej	Seed	√			
<i>Myrica esculenta</i>	Kaiphala	Bark		√	√	
<i>Myristica fragrans</i>	Jaiphala	Fruit		√	√	
<i>Nardostachys jatamansi</i>	Jatamansi	Rhizome				√
<i>Operculina turpethum</i>	Nishoth	Root			√	
<i>Oroxylum indicum</i>	Syonaka	Barks				√
<i>Parnelia perlata</i>	Chharila	Ascolichen		√	√	
<i>Phyllanthus emblica</i>	Amla	Fruit/Seed				√
<i>Picrorrhiza kurroa</i>	Kutki	Rhizome			√	
<i>Piper longum</i>	Pippali	Fruit	√			
<i>Plumbago indica</i>	Chitrakmool	Root	√			√
<i>Plantago ovata</i>	Isabgol	Seed	√			
<i>Podophyllum hexandrum</i>	Bankakri	Rhizome		√		
<i>Premna integrifolia</i>	Agnimantha	Stem			√	√
<i>Psoralea corylifolia</i>	Bakuchi/Somraji	Seeds				√
<i>Pterocarpus marsupium</i>	Vijayshal	Heart wood			√	
<i>Pterocarpus santalinus</i>	Raktachandan	Heart wood	√			√
<i>Rauwolfia serpentina</i>	Sarpgandha	Root		√	√	



<i>Rheum australe</i>	Rewandchini	root			√	
<i>Rubia cordifolia</i>	Manjishtha	Stem			√	√
<i>Santalum album</i>	Chandan	Wood			√	√
<i>Sapindus mukorossi</i>	Reetha	Seed				√
<i>Saraca asoca</i>	Ashoka	Bark			√	
<i>Saussurea costus</i>	Kutha	Root			√	
<i>Sida cordifolia</i>	Bala	Leaves	√			√
<i>Solanum anguivi</i>	Vrihati	Root & Stem	√	√		
<i>Solanum nigrum</i>	Makoy	Fruit Whole Plant	√ √			
<i>Solanum virginianum</i>	Kantkari	Whole Plant	√			
<i>Spheranthus indicus</i>	Mundi	Fruits	√	√		
<i>Swertia chirayita</i>	Chirata	Whole Plant			√	
<i>Syzygium cumini</i>	Jamun	Seed Bark		√	√	
<i>Syzygium aromaticum</i>	Lavanga	Floral buds				√
<i>Taxus baccata</i>	Thuner	Leaves			√	
<i>Tephrosia purpurea</i>	Sarpaunkha	Whole Plant			√	
<i>Teramnus labialis</i>	Mashparni	Aerial parts			√	
<i>Terminalia arjuna</i>	Arjuna	Bark	√			√
<i>Terminalia bellirica</i>	Vibheetaki	Fruit	√			
<i>Terminalia chebula</i>	Hareetaki	Fruit	√			
<i>Tinospora cordifolia</i>	Guduchi	Stem	√			
<i>Tribulus terrestris</i>	Gokharu	Fruit				√
<i>Uraria picta</i>	Prishniparni	Aerial Parts			√	
<i>Valeriana jatamansi</i>	Tagar	Root			√	
<i>Vetiveria zizanioides</i>	Khash/Ushir	Root			√	
<i>Vigna triloba</i>	Mudgaparni	Aerial parts			√	
<i>Viola odorata / V.serpens</i>	Vanafsha	Flower				√
<i>Withania somnifera</i>	Ashwagandha	Roots	√			
<i>Woodfordia fruticosa</i>	Dhataki	Flowers	√			
<i>Zanthoxylum armatum</i>	Timru/Tejbal	Fruits			√	√
<i>Zingiber officinalis</i>	Sunthi/Adrak	Rhizome				√
<i>Zizyphus jujuba</i>	Vadari/Ber	Fruits	√			



*: Collection time may vary according to various geo-climatic conditions

Source: Dabur Research Foundation & TRAFFIC India, General guidelines for harvesting and processing Ayurvedic Medicinal Plants (AMP's)



Appendix V

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